



Terms of the Competition

„KuldRull 2012“ - Single & Show event

- Date: **10.06.2012**
- Organiser: Rull-iluuisuklubi FOX, www.klubifox.com
- Location: Pirita Majandusgümnaasium sportshall,
Metsavahi tee 19, Pirita, Tallinn, 11911, Estonia
- Rink: 20m x 40m, wooden flooring
- Supervision: Karin Kaljas, e-mail Karin@klubifox.com, tel
(+372) 566 279 83
- Entries: entry applications must include the following information:
- Name & first name of each participant
 - Date of Birth of each participant
 - No. of the event for each participant
- Closing date: 20.05.2012
- Entry fee: Single - Euro 14,00
Duo/Quartet – Euro 16,00
- Entry Fees have to be paid before 01.06.2012 to the following bank account:
MTÜ FOX, Swedbank,
IBAN: EE912200221041952174,
SWIFT/BIC: HABAE2X,
acct. no. 221041952174.
- Music: Please provide music in the form of CDs well labelled and at the beginning of the competition.
- Certificates: Each participant will receive a certificate of participation.

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| Medals /Cups | In each single event participant, ranking on places 1-3 will receive a medal. In each show event participant, ranking on places 1-3 will receive a cup. |
| Schedule: | Schedule will be published post Closing Date. |
| Judges: | Judges will be invited by the Organiser. |

1. *Axel*

Long Programme: 2:30 min. +/- 10 sec.

- all single jumps including Axel allowed
- Axel may be shown max. twice (any combinations that include an axel count as one Axel)
- serpentine step sequence with min. of two arabesque positions
- min. of one additional step sequence of choice (circle, serpentine or diagonal pattern)
- min. of two spins including combinations (all stand and sit spins and camel spins FO and BO allowed)

2. *Single jumps*

Long Programme: 2:00 min. +/- 10 sec.

- all single jumps excluding Axel
- max. of two jump combinations
- serpentine step sequence with min. of two arabesque positions
- min. of two spins (all stand and sit spins and camel spins FO and BO allowed)

3. *Salchow*

Long Programme: free elements with music 1:30 - 2:00 min. without any tolerance

- Three-jump, Toeloop and Salchow allowed only
- all stand and sit spins allowed

4. *Three jump*

Long Programme: 1:00 - 1:30 min. without any tolerance

- Forward Crossed Progressive Steps forward to both sides (important to close each side's circle, to be performed in an 8 or as separate circles)
- min. of one stand spin on one or two feet max. difficulty: three-jump

5. *Show Quartet*

6. *Show Cadet Quartet*

Length: 3 min. +/- 10 sec. acc. to CEPA

All Requirements acc. to CEPA.

7. *Show Duo*

8. *Show Cadet Quartet*

Length: 2-3 min. +/- 10 sec.