

PARIS INTERNATIONAL OPEN 2010

Inline Figure Skating and Dance

Saturday 30 and Sunday 31 January 2010

At the Gymnase de la Plaine

13 Rue du Général Guillaumat

75015 PARIS FRANCE

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Organized by

«Glace et Roller Inline de Paris»

“Paris Ice and Inline Roller”

With the support of

Fédération Française des Sports de Glace

Ligue IDF de Roller Skating

Comité Départemental de Roller Skating de Paris

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President of the Organizing Committee: Monsieur Jean-Pierre FAUGERE

93 Avenue Emile Zola 75015 PARIS FRANCE

☎: (+33) 9 52 72 25 86 & (+33) 6 09 67 73 52

Email: erguaf@skateparis.com

Website: <http://www.skateparis.com>



Paris International Open 2010

This competition is opened only to inline figure skaters and dancers.

You will find below information about accommodation, general information and the technical regulation of

Paris International Open 2010 of Inline Figure Skating and Dance

We are available for all additional information, either by e-mail at erguaf@skateparis.com, or by telephone on

(+33) 6 09 67 73 52 or (+33) 9 52 72 25 86

In anticipation of your entries, we send you sporting greetings.

Jean-Pierre Faugère
President of the Organizing Committee
Vice-President of G . R . I . P .

Christine Bernard
President of CDRS75



ACCOMMODATION

Here is a selection of hotels providing accommodation :

| | | |
|---|--|--|
| MERCURE Paris Pte de la Plaine 36 Rue du Moulin 92170 VANVES | Tel: (+33) 1 46 48 55 00 Fax: (+33) 1 46 48 56 56 | 153 € (3 ^d person under 16 years old free) Breakfast: 15 € |
| IBIS 45 Rue Jean Bleuzen 92170 VANVES | Tel: (+33) 1 40 95 80 00 Fax: (+33) 1 40 95 96 99 | 82 € (children under 12 free, over 12 10 €) Breakfast: 6,50 € |
| ETAP HOTEL 110 Rue Jean Bleuzen 92170 VANVES | Tel: (+33) 8 92 68 07 23 Fax: (+33) 1 55 95 33 54 | 52 € (double and triple) Breakfast: 4 € |
| HOTEL CLARISSE 159 Boulevard Lefebvre 75015 PARIS | Tel: (+33) 1 48 28 18 35 hotelclarisse@club-internet.fr | 117 € (3 ^d person free) Breakfast: 8 € children 4 € |
| TERMINUS VAUGIRARD 403 Rue de Vaugirard 75015 PARIS | Tel: (+33) 1 48 28 18 72 Fax: (+33) 1 48 28 56 34 | 120 € (3 ^d person free) Breakfast: 8 € |
| HOTEL PRINTANIA 55 Rue Olivier de Serres 75015 PARIS | Tel: (+33) 8 00 87 58 90 Fax: (+33) 1 45 33 03 83 | 90 € (2 people) Breakfast: 7,50 € |
| HOTEL FORMULE 1 21/23 Av. de la Porte de Chatillon 75014 PARIS | Tel: (+33) 8 91 70 52 29 | 43 € (2 people) |
| Centre International de séjour 17 Boulevard Kellermann 75013 PARIS | Tel: (+ 33) 1 44 16 37 38 http://www.cisp.asso.fr | |
| L'Atelier de Paris 30 Rue Jean Bleuzen 92170 VANVES | Tél. : (+33) 1 40 95 11 70 atelierdeparis@club.fr | Rent. studios and flats |

Paris International Open 2010 Inline Figure skating and Dance

Organization

1. ENTRIES

Skaters wishing to participate in the Paris International Open 2010 of Inline Figure skating and Dance should send their entries (forms attached) **before 31 December 2009** to the following address:

Monsieur J.P. FAUGERE - G.R.I.P.
93 Avenue Emile Zola
75015 PARIS
FRANCE

☎ : (+33) 9 52 72 25 86 (+33) 6 09 67 73 52

e-mail: erguaf@skateparis.com website: www.skateparis.com

Entry fees:

Solo: **20.00** Euros Couple: **40.00** Euros.

Entry fees must be sent at the same time as the application forms.

Payment : bank transfer to G.R.I.P. account N°050133888-08

Bank : Société Générale 5 Place Charles Michels 75015 PARIS FRANCE

Unless by special dispensation authorised by the Organizing Committee, non-payment will result in skaters being disqualified from the competition.

In case of withdrawal, refunds will be given on presentation of a medical certificate, or occasionally in circumstances unforeseeable at the time of application, after consideration by the Organizing Committee.

The Organizing Committee reserves the right to decide on any exceptional request.

Paris International Open 2010

2. COMPETITION

The competition will take place at :

Gymnase de la Plaine
13 Rue du Général Guillaumat
75015 PARIS
FRANCE

Metro, Tram : Porte de Versailles or Porte de Vanves

Bus : 89 (stop: Théâtre de la Plaine)

Access by road : Boulevard Périphérique - exit : Porte de la Plaine.

See photo and location map at :

<http://www.skateparis.com> (menu item “sites et horaires” “où”)

Floor type : Parquet

Dimensions: 20 m X 40 m

Recommended wheels for inline figure skates :

Harmony Axel 6.0 diameter 70mm 80A

Harmony Spinner 68mm 80A

Labeda Grip diameter 72mm 76A

SpeedMax diameter 64/72/76mm 84A

RULES**Single Inline Figure Skating**

| Categories | Free Program |
|--|---|
| POUSSIN (1-7-2000 / 30-6-2003) 6 to - 9 years | Girls and Boys : 2'00 (+/- 10'') |
| AVENIR (1-7-1998 / 30-6-2000) - 11 years on 01/07 of the current season | Girls : 2'30'' (+/- 10'') Boys : 3'00 (+/- 10'') |
| MINIMES (1-7-1996 / 30-6-1998) - 13 years on 01/07 of the current season | Girls : 3'00'' (+/- 10'') Boys : 3'30'' (+/- 10'') |
| NOVICES (1-7-1993 / 30-6-1996) - 16 years on 01/07 of the current season | Ladies : 3'30'' (+/- 10'') Gentlemen : 3'30'' (+/- 10'') |
| JUNIORS (1-7-1990 / 30-6-1993) - 19 years on 01/07 of the current season | Ladies : 3'30'' (+/- 10'') Gentlemen : 4'00 (+/- 10'') |
| SENIORS (Born before 01/07/1990) 19 to 30 years | Ladies : 4'00 (+/- 10'') Gentlemen : 4'30'' (+/- 10'') |
| ADULTS 30 years and + | Ladies and Gentlemen : 2'30'' (+/- 10'') |

The free programme should be well balanced and consist of varied elements such as jumps, spins, steps and other linking movements executed with ease and fluency, and in harmony with the selected music.

All the elements should be connected by different linking steps and by other skating movements using the entire rink surface.

Music must be recorded on CD.

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Required elements for the Inline Figure Skating free programme

| Categories | Duration | Content |
|----------------|---|--|
| POUSSIN | Girls Boys 2'00 (+/- 10'') | - 2 single jumps (waltz or 3-jump, salchow, half-flip, loop, half-lutz, etc.). - 1 combination of 2 jumps ; 1 to 2 spirals - 1 to 2 spins on 1 or 2 feet (2 revolutions minimum) - 1 circular or diagonal step sequence |
| AVENIR | Girls : 2'30'' Boys : 3'00 (+/- 10'') | - 3 jumps including 1 axel or waltz jump / loop - 2 jump combinations (including 1 of 3 jumps) - 2 to 3 spins including 1 combination spin (3 revolutions on each foot) - 1 spiral sequence and 1 step sequence |
| MINIMES | Girls : 3'00'' Boys : 3'30'' (+/- 10'') | <u>Girls</u> : 3 jumps including 1 axel or waltz jump/loop ; 1 jump combination ; 3 spins including 1 combination spin (3 revolutions on each foot) and 1 flying spin; 1 step sequence; 1 spiral sequence <u>Boys</u> : 4 jumps including 1 axel ; 1 jump combination ; 3 spins including 1 combination spin (3 revolutions on each foot) and 1 jump spin ; 2 different step sequences |
| NOVICES | Ladies : 3'30'' Gentlemen : 3'30'' (+/- 10'') | <u>Ladies</u> : 4 jumps including 1 axel ; 1 jump combination ; 3 spins including 1 parallel and 1 combination spin (3 revolutions on each foot) ; 1 spiral sequence ; 1 diagonal step sequence <u>Gentlemen</u> : 5 jumps including 1 axel and 1 double ; 1 jump combination ; 3 spins including 1 sit and 1 combination spin (3 revolutions on each foot) ; 2 step sequences – diagonal, circular or serpentine |
| JUNIORS | Ladies : 3'30'' Gentlemen : 4'00 (+/- 10'') | <u>Ladies</u> : 5 jumps including 1 double and 1 axel ; 3 spins including 1 parallel and 1 sit spin (4 revolutions minimum) ; 2 step sequences including 1 diagonal ; 1 spiral sequence <u>Gentlemen</u> : 6 jumps including 1 axel and 2 doubles ; 3 spins including 1 combination (3 revolutions <u>minimum</u> on each foot) and 1 flying spin ; 2 different step sequences |
| SENIORS | Ladies : 4'00 Gentlemen : 4'30'' (+/- 10'') | <u>Ladies</u> : 6 jumps including 2 doubles and 1 axel ; 4 spins including 1 combination (3 revolutions <u>minimum</u> on each foot) and 1 flying spin ; 2 different step sequences ; 1 spiral sequence <u>Gentlemen</u> : 7 jumps including 1 axel and 3 doubles ; 4 spins including 1 combination (3 revolutions <u>minimum</u> on each foot) and 1 flying spin ; 2 different step sequences – circular, diagonal or serpentine |
| ADULTS | Ladies Gentlemen 2'30'' (+/- 10'') | 3 single jumps from : waltz jump, half-flip , salchow, toe loop, loop, half-lutz, etc....; 2 spins on 1 or 2 feet (3 revolutions) 1 circular or diagonal step sequence ; 1 spiral sequence or attitudes (Ina Bauer, etc...) |

N.B.: In all categories the judges will pay particular attention to the skating quality, speed, and to the quality of the different technical elements.

There will be two separate rankings for male and female entrants in each category.

Solo and Couples Inline Dance**Compulsory dances and free dance**

| Categories | <i>Solo compulsory dances</i> | <i>Couples compulsory dances</i> | <i>Solo free dance</i> | <i>Couples free dance</i> |
|--|--------------------------------------|----------------------------------|------------------------|---------------------------|
| POUSSIN (1-7-2000 / 29-6-2003) 6 to - 9 years | Danse Mineure Canasta Tango | Danse Mineure Canasta Tango | 1'30'' (+/- 10s) | 1'30'' (+/- 10s) |
| AVENIR (1-7-1998 / 30-6-2000) - 11 years on 01/07 of the current season | Fiesta Tango Willow Waltz | Fiesta Tango Willow Waltz | 1'30 (+/- 10s) | 2'30'' (+/- 10s) |
| MINIMES (1-7-1996 / 30-6-1998) - 13 years on 01/07 of the current season | Fourteen Step European Waltz | European Waltz Foxtrot | 2'00 (+/- 10s) | 3'00 (+/- 10s) |
| NOVICES (1-7-1993 / 30-6-1996) - 16 years on 01/07 of the current season | American Waltz Kilian | Rocker-Foxtrot Tango | 2'30'' (+/- 10s) | 3'00 (+/- 10s) |
| JUNIORS (1-7-1990 / 30-6-1993) - 19 years on 01/07 of the current season | Blues Paso Doble | Blues Starlight Waltz | 2'30'' (+/- 10s) | 3'00 (+/- 10s) |
| SENIORS (Born before 1/7/1990) 19 to 30 years | Viennese Waltz Silver Samba | Quickstep Silver Samba | 2'30'' (+/- 10s) | 4'00 (+/- 10s) |
| ADULTS 30 years and + | Fiesta Tango Golden Skaters Waltz | Fiesta Tango Fourteen Step | 2' (+/- 10s) | 2'30'' (+/- 10s) |

Free dance music must be recorded on CD.

Paris International Open 2010 (Inline dance)

Required elements for the free dance

| CATEGORIES | SOLO | COUPLE |
|------------|--|---|
| POUSSIN | 1 spiral 1 circular step sequence in the centre of the rink surface 1 spin 2 to 5 revolutions | 1 combined gliding pose with one of the 2 partners in a spiral position 1 circular step sequence in the centre of the rink surface ; Couples dance spin (1 revolution on 1 foot) |
| AVENIR | 2 gliding poses including 1 spiral; 1 pivot 1 diagonal step sequence including at least 1 twizzle ; 1 spin 2 to 7 revolutions | 1 short lift ; 1 diagonal or midline step sequence; 1 dance spin of 2 revolutions; 1 synchronised twizzle |
| MINIMES | 1 circular step sequence including turns ; 1 spin 3 to 7 revolutions ; 1 series of twizzles | 2 different lifts (6 sec. Maxi) ; 1 dance spin of 3 revolutions; 1 circular step sequence ; 1 series of synchronised twizzles |
| NOVICES | 1 step sequence in a figure 8 including many turns; 1 combination spin (3 to 5 revolutions on the 1 st foot and 1 to 5 revolutions on the 2 nd foot) ; 1 series of twizzles | 3 different lifts (2 short, 1 long) ; 1 dance spin or 1 series of twizzles ; 2 different step sequences : - 1 serpentine or circular - 1 midline or diagonal |
| JUNIORS | 1 step sequence in a figure 8 including many turns; 1 combination spin (3 to 5 revolutions on the 1 st foot and 1 to 5 revolutions on the 2 nd foot) ; 1 series of twizzles 1 change edge spiral | 4 different lifts (2 short, 2 long) ; 1 dance spin; 1 series of twizzles ; 2 different step sequences : - 1 serpentine or circular - 1 midline or diagonal |
| SENIORS | 1 step sequence in a figure 8 including many turns; 1 combination spin (3 to 5 revolutions on the 1 st foot and 1 to 5 revolutions on the 2 nd foot) ; 1 series of twizzles 1 change edge spiral | 4 different lifts (2 short, 2 long) ; 1 dance spin; 1 series of twizzles ; 2 different step sequences : - 1 serpentine or circular - 1 midline or diagonal |
| ADULTS | 1 circular step sequence ; 1 gliding pose (spiral, spread eagle, etc...) ; 1 spin | 1 diagonal step sequence ; 2 gliding poses including 1 spiral ; 1 dance spin (2 revolutions minimum) |

Important note: In compulsory and free dances, the judges will pay particular attention to the skating quality, the speed and the precision of the steps.

N.B.: Candidates may compete both in couples and solo. They should specify on the entrance form.

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ATTENTION : The skates used should have 3 or 4 inline wheels with a toe stop in the front.



Further information : erguaf@skateparis.com
 (+33) 9 52 72 25 86 (+33) 6 09 67 73 52
 Website: <http://www.skateparis.com>

PARIS INTERNATIONAL OPEN 2010

Inline Figure Skating and Dance

Entry Form

Surname :

Forename:

Date of birth :/...../..... Male Female

Address:

.....

Postcode, Town and Country:

Telephone : Email :

Club.....

Licence :

Entry fees (non refundable) :

Solo : 20 €

Couple : 40 €

Payment in cash or by bank transfer to G.R.I.P. account N°050133888-08
Bank : Société Générale 5 Place Charles Michels 75015 PARIS FRANCE

Categories (specify) :

Solo figure Solo dance Couple dance

I have read and agree to abide by the regulations.

I authorise the organisation to use photos and videos of the competition for post-event communication.

Date and signature (of a parent for minors) **preceded by the words "Read and approved" :**

.....

Organisation : Monsieur J.P. FAUGERE - G . R . I . P . 93 Avenue Emile Zola 75015 PARIS FRANCE

Form to be returned to the above address.



PARIS INTERNATIONAL OPEN 2010

Inline Figure Skating and Dance

SACEM Form

(SACEM = French music copyright organisation)

Name:.....

CLUB :.....

Titles of music:.....

.....

Names of authors or composers:.....

Duration:.....

N.B. : Music should be recorded on CD.

This document is to be enclosed with the entry form.

Send to the address below:

Monsieur J.P. FAUGERE – G . R . I . P.
93 Avenue Emile Zola
75015 PARIS
FRANCE

Email: erguaf@skateparis.com

